



ARCHDIOCESE  
OF  
SAINT PAUL &  
MINNEAPOLIS

Office of Discipleship and Evangelization

# NATURAL FAMILY PLANNING

A G I F T T O B E T R E A S U R E D

## 2025 Quarterly Class Schedule

| CLASS    | LOCATION                                      | PROVIDER ~ METHOD                            | REGISTER                                                                                                                |
|----------|-----------------------------------------------|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| 10/1/25  | Online                                        | Marquette Method                             | <a href="https://nfpcoach.com/nfpcourse/">https://nfpcoach.com/nfpcourse/</a>                                           |
| 10/2/25  | Online                                        | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 10/4/25  | Online                                        | Couple to Couple League                      | <a href="https://learnnfp.org/find-live-online-class/">https://learnnfp.org/find-live-online-class/</a>                 |
| 10/4/25  | St. John the Baptist Catholic Church, NB      | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 10/5/25  | Online                                        | Couple to Couple League                      | <a href="https://learnnfp.org/find-live-online-class/">https://learnnfp.org/find-live-online-class/</a>                 |
| 10/5/25  | St. John the Baptist Catholic Church, NB      | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |
| 10/7/25  | St. Michael, St. Michael                      | Billings Ovulation Method                    | Contact Nora Dehmer: 320.248.5892                                                                                       |
| 10/7/25  | Our Lady of the Falls, Chippewa Falls         | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 10/14/25 | St. Nicholas Catholic Church, Carver          | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 10/14/25 | Online                                        | Couple to Couple League                      | <a href="https://learnnfp.org/find-live-online-class/">https://learnnfp.org/find-live-online-class/</a>                 |
| 10/16/25 | Online                                        | Couple to Couple League                      | <a href="https://learnnfp.org/find-live-online-class/">https://learnnfp.org/find-live-online-class/</a>                 |
| 10/17/25 | Online                                        | Couple to Couple League                      | <a href="https://learnnfp.org/find-live-online-class/">https://learnnfp.org/find-live-online-class/</a>                 |
| 10/18/25 | St. Mary's Great Hall, Stillwater             | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 10/19/25 | St. John the Baptist Catholic Church, NB      | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |
| 10/20/25 | Online                                        | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 10/23/25 | Movewell Chiropractic, Hutchinson             | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 10/28/25 | Online                                        | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 11/1/25  | Online                                        | Marquette Method                             | <a href="https://nfpcoach.com/nfpcourse/">https://nfpcoach.com/nfpcourse/</a>                                           |
| 11/2/25  | St. John the Baptist Catholic Church, NB      | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |
| 11/3/25  | Online                                        | Couple to Couple League                      | <a href="https://learnnfp.org/find-live-online-class/">https://learnnfp.org/find-live-online-class/</a>                 |
| 11/3/25  | Online                                        | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 11/4/25  | St. Michael, St. Michael                      | Billings Ovulation Method                    | Contact Nora Dehmer: 320.248.5892                                                                                       |
| 11/5/25  | Online                                        | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |
| 11/7/25  | St. Odilia (Español)                          | Liga de Pareja a Pareja                      | <a href="mailto:ariasveronica@hotmail.com">ariasveronica@hotmail.com</a>                                                |
| 11/8/25  | St. Mary's Great Hall, Stillwater             | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 11/10/25 | Online                                        | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 11/13/25 | Movewell Chiropractic, Hutchinson             | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 11/15/25 | Online                                        | Couple to Couple League                      | <a href="https://learnnfp.org/find-live-online-class/">https://learnnfp.org/find-live-online-class/</a>                 |
| 11/15/25 | Holy Family Academy, St. Louis Park (Español) | Liga de Pareja a Pareja                      | Llame a Alejandra Martinez: 612.709.8875                                                                                |
| 11/17/25 | Our Lady of Grace Catholic Church, Edina      | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 11/18/25 | Online                                        | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 11/18/25 | St. Nicholas Catholic Church, Carver          | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 11/19/25 | Online                                        | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |
| 11/23/25 | St. John the Baptist Catholic Church, NB      | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |
| 12/1/25  | Online                                        | Marquette Method                             | <a href="https://nfpcoach.com/nfpcourse/">https://nfpcoach.com/nfpcourse/</a>                                           |
| 12/1/25  | Online                                        | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 12/2/25  | St. Michael, St. Michael                      | Billings Ovulation Method                    | Contact Nora Dehmer: 320.248.5892                                                                                       |
| 12/3/25  | Online                                        | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |
| 12/4/25  | Online                                        | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 12/9/25  | Online                                        | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 12/13/25 | St. Mary's Great Hall, Stillwater             | Creighton - Integrated FertilityCare Center  | <a href="https://www.integratedfertilitycare.com/appointments">https://www.integratedfertilitycare.com/appointments</a> |
| 12/16/25 | St. Nicholas Catholic Church, Carver          | Creighton - Twin Cities FertilityCare Center | <a href="https://www.tcnfp.org/class-schedule-2/">https://www.tcnfp.org/class-schedule-2/</a>                           |
| 12/17/25 | Online                                        | SymptoPro                                    | <a href="https://www.fertilityawarenessnurse.com/">https://www.fertilityawarenessnurse.com/</a>                         |

**MARQUETTE CLASSES BY APPOINTMENT:** AALFA Family Clinic, White Bear Lake, **Kiley Kleve**, [kiley.nfp@gmail.com](mailto:kiley.nfp@gmail.com)

### Clases en Español:

#### **Couple to Couple League - Clases Presenciales - Para registrarse, llame a:**

**Jose & Veronica Condor**, 651.283.1408, [ariasveronica@hotmail.com](mailto:ariasveronica@hotmail.com), St. Odilia, Shoreview

**Xavier & Alejandra Martinez**, 612.709.8875, [juniodel68@hotmail.com](mailto:juniodel68@hotmail.com), Holy Family Academy, St. Louis Park

**Creighton FertilityCare Online:** Monica Bergeron, CFCP, <https://mycatholicdoctor.com/make-appointment/monica-bergeron-fcp/>

**Couple to Couple League Online:** 800.214.6028, <https://ligadepareja.org/calendario/>

**Marquette Online:** [susana.l.crespo@marquette.edu](mailto:susana.l.crespo@marquette.edu)

<https://www.archspm.org/marriage/natural-family-planning-nfp/>