

LIVING IN THE AFTERMATH

A TRAUMA-INFORMED, FAITH-BASED OFFERING OF SUPPORT AND RESOURCES FOR NAVIGATING TRAUMA AND ITS MULTIFACETED IMPACT.

A Webinar for Those Who Have Experienced Recent Trauma

Monday, October 13, 2025 | 6:30 - 8 p.m. CDT

This webinar will provide information about the many ways in which trauma impacts us and manifests itself in our lives. We will present supportive strategies for understanding this process, coping with and building resilience as we care for one another and ourselves. Primarily didactic in format, there will be time for Q&A as well. Links to online resources will also be provided.



Dr. Banis is a clinical psychologist specializing in trauma, particularly in children's lives. A graduate of Occidental College she went on to earn her Ph.D. at the University of Southern California, completed a post-doctoral fellowship at Harbor-UCLA Medical Center, and in 2019 completed a master's degree, in Theology and Leadership, from Gonzaga University. In 2005, while teaching at Occidental College, she began working with the Archdiocese of Los Angeles in Victims Assistance Ministry as a consultant. She spoke at the USCCB General Assembly in 2018, addressing all the Bishops from the United States regarding their pivotal role in responding to victims of clergy sexual abuse, and, at the 2021 Child and Youth Protection Catholic Leadership Conference in Tulsa on the subject of Radical Accompaniment and the Vocation of Victims Assistance Ministry. Since 2021 she has served as a consultant to the United States Conference of Catholic Bishops' Committee for the Protection of Children and Young People. Her favorite role, however, is that of grandmother to her three granddaughters.

REGISTRATION IS REQUIRED TO RECEIVE THE RECORDING

For more information contact: **Paula Kaempffer** at kaempfferp@archspm.org
Coordinator for Restorative Practices & Survivor Support Archdiocese of Saint Paul and Minneapolis

Upon registering, you will receive a confirmation email containing the link to join the meeting.

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